



Happy Birthday America!



July 3rd & July 4th, 2018:

Happy Birthday America!

The Golden Crane is closed on Tuesday, 7/3 & Wednesday, 7/4, for the July 4th Holiday. No classes will be held on these 2 days.

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July 17 through July 21, 2018:

Bring-a-Friend Week & Street Clothes Week

It's Summer! Let's make time for FRIENDS!

The week of 7/17—7/21, students may bring Friends to class with them. Additionally, students [& friends] may wear street clothes [such as shorts, T-shirts, and/or jeans] to class.

(Please use common sense guidelines in wearing appropriate, loose fitting clothing—thank you!)

This includes All Junior, Youth, Teen & Adult Karate Classes!

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Friday, July 27, 2018:

Black Belt Rank Testing, & Adult & Teen Students Rank Testing.

Schedule Note [7/27/18]:

The 5:00 pm Youth & Junior Karate Class will be held as regularly scheduled.

The 6:30 PM Adult Karate Class is cancelled, due to the rank testing.

Student Activity Calendar: July 2018

Have A Great Summer!

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 Summer Training Uniform continues		3 Happy Birthday America! Golden Crane is Closed 7/3 & 7/4, for the July 4th Holiday	4	5	6 Sparring & Self Defense Skills	7	
8	9	10	11 Sparring & Self Defense Skills	12	13	14 Sparring & Self Defense Skills	
15	16	17	Bring-a-Friend Week Street Clothes Week*				21
22	23	24	25 Sparring & Self Defense Skills	26	27 Rank Testing <u>Schedule:</u> 5 pm Youth & Junior All Rank Classes will be held. 6:30 pm Adult Class is Cancelled.	28	
29	30	31 Sparring & Self Defense Skills	Watch for MORE activities to be added, throughout the month. Visit our website, and click on the 'Events' Page!				

For additional details on activities, please refer to the reverse side of the monthly calendar, or visit us our website: www.golden-crane.com and click on the 'Events' Page. GoldenCrane04@gmail.com (603) 437-2020



Student Activity Calendar: July 2018



HAPPY BIRTHDAY AMERICA! JULY 4th Holiday Schedule:

- **July 3rd & July 4th — CLOSED.** The Golden Crane will be closed on Tuesday, July 3 & Wednesday, July 4, 2018. and no classes will be held. We will reopen on Thursday, July 5th.

We wish all of our students, and their families a safe and happy holiday!

"Summer Training Uniform": June 1, 2018 thru August 31, 2018.

Students are welcome to train in our 'Summer Training Uniform' [as of 6/1/18], which consists of: Golden Crane T-shirt [Black] with our school logo screen-printed on it, gi bottoms and rank belt.

OR, Students may elect to continue training with their regular student uniform/gi [ie.jacket, pants and rank belt].

Please contact the office if you are interested in purchasing a t-shirt, or if you have additional questions.

YOUTH Summer Class Schedule: June 1, 2018 thru August 31, 2018.

From **June 1, 2018 thru August 31, 2018, ALL of the 5 PM Youth Karate Classes are opened to ALL Youth Karate Rank Levels** [ie. Youth students from White Belt thru Black Belt are welcome to train in any of our scheduled 5 pm Youth Classes]. Pick up a copy of the schedule on our website, or at the school.

Sparring & Self Defense Skills: Students are encouraged to bring their sparring gear to all classes, as we do use the gear for drills, as well as adding sparring when enough students are interested in practicing.

Upcoming Karate Tournament[s]

Visit our website [www.golden-crane.com] and click on the 'Events' Page for a complete listing.

- ◇ August 11, 2018: Martial Arts Summer Open [Claremont, NH]

More Activities to Come!

Please VISIT WWW.GOLDEN-CRANE.COM, and click on the 'EVENTS' Page often, during the month, for additional activities & schedule additions. Thank you!



SUMMER!
A great time for Karate

Know a friend, or family member, interested in KARATE?

School is out, and it's a great time to start a new adventure:

Adults, Teen & Youth Classes—First class FREE.

Then choose:

A] 6-week summer membership offers a flexible start date...

or,

B] 3-month introductory membership.

Questions? Please email us, or inquire in the office —thank you!

*Summer Membership offer redeemable by new students only. May not be combined together, or with any other offers.

KARATE



SPREAD THE WORD!

Karate helps build a child's **self-confidence** improves their **self-esteem...** and **builds skills that will last a lifetime!**

GOLDEN CRANE KARATE
Building Character & Lifting Spirits

WWW.GOLDEN-CRANE.COM

GOLDEN CRANE KARATE
Building Character & Lifting Spirits!

We are asking for your help in promoting the GOLDEN CRANE ... to any one you think might benefit from attending classes in TRADITIONAL KARATE, OR IAIDO!

We offer a **Free Trial Class** to everyone interested, and **your referral will receive an additional 2 weeks of Free Training**, to allow them to experience traditional martial arts first hand!

PLUS, you can benefit! For each of your referrals that enroll, you will be eligible for a tuition \$ discount [details available thru the office].